

R = Immune Regulation/Neuro

**CURCUMIN™**  
Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

**NEROBOOST™**  
Specialized formula to promote restorative sleep, soothing and calming enhancing overall well-being

**NEROMELT™**  
Advanced sublingual formula of Vitamin B12 scientifically developed to support optimum brain and body health

**NERVINA™**  
Magnesium useful for Brain activity, Anxiety, Depression, Sleep quality, Migraine prevention and Heart Health

**RestoreX™**  
100% organic magnesium citrate useful for Heart health, Brain activity, Anxiety, Depression, Sleep quality and Migraine prevention. Relieves Constipation

**REJUVIT™**  
Unique blend of Ayurvedic ingredients to help balance and revitalize daily life



E = Endocrine/Exocrine gland

**CURCUMIN™**  
Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

**ESTROBALANCE™**  
Menopause supplement for herbal hormone balance with targeted whole herbs

**REJUVIT™**  
Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

S = Soft tissue/Skeletal system Pain Management

**CURCUMIN™**  
Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

**DOLOMAX™**  
Effective in management of arthritis pain, rheumatic pain, lumbago and pain in tendons and ligaments

**RestoreX™**  
100% organic magnesium citrate useful for Heart health, Brain activity, Anxiety, Depression, Sleep quality and Migraine prevention. Relieves Constipation

**REJUVIT™**  
Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

T = Transformation/Anti-Aging/Rejuvenation

**CURCUMIN™**  
Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

**NEROBOOST™**  
Specialized formula to promote restorative sleep, soothing and calming enhancing overall well-being

**NEROMELT™**  
Advanced sublingual formula of Vitamin B12 scientifically developed to support optimum brain and body health

**RESTOVA™**  
Specialized formula to promote restorative sleep, soothing and calming enhancing overall well-being.

**REJUVIT™**  
Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

O = Optimal Glucose Control

**CURCUMIN™**  
Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

**DIABALANCE™**  
Organic Herbal mixture to help regulate blood glucose levels and maintain energy levels throughout the day

**REJUVIT™**  
Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

R = Regulation of Cardiovascular System

**CURCUMIN™**  
Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

**NERVINA™**  
Magnesium useful for Brain activity, anxiety, depression, sleep quality, migraine prevention and Heart Health

**REJUVIT™**  
Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

**RestoreX™**  
100% organic magnesium citrate useful for Heart health, Brain activity, Anxiety, Depression, Sleep quality and Migraine prevention. Relieves constipation

E = Excretory system/Digestive Health

**CURCUMIN™**  
Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

**STOOLEASE™**  
Powerful blend of 9 Ayurvedic herbs for Bowel cleansing

**RestoreX™**  
100% organic magnesium citrate useful for Heart health, Brain activity, Anxiety, Depression, sleep Quality and Migraine prevention. Relieves Constipation

**REJUVIT™**  
Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

# Curcumin (Total Turmeric Therapy)

- Curcumin helps in:
  - Prevention and treatment of chronic diseases<sup>1,2</sup>
  - Anti Aging *(due to anti oxidative and anti-inflammatory properties)*<sup>3</sup>
  - Improves memory and attention<sup>4</sup>
  - Possesses neuroprotective and cognitive-enhancing properties that may help delay or prevent neurodegenerative diseases, including Alzheimer's disease<sup>5</sup>
  - Lowers the risk of Heart Disease<sup>6,7</sup>
  - May help prevent Cancer<sup>8</sup>
  - Treatment of Arthritis<sup>9</sup>
  - As effective as an antidepressant<sup>10</sup>
- Black seed Oil helps in:
  - Diabetes Management<sup>11</sup>
  - Lipid Profile Improvement<sup>12</sup>
- Ginger Extract helps in:
  - Nausea and Vomiting<sup>13</sup>
  - Pain Management<sup>14</sup>
  - Migraine Relief<sup>15</sup>
- Astragalus helps in immune system modulation<sup>16</sup>

# References

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# Nervina™ (Magnesium Glycinate 750mg)

- Supports energy levels<sup>1</sup>
- Maintains muscle health and relaxation<sup>1</sup>
- Supports healthy sleep patterns<sup>2</sup>, nervous system health and function<sup>3</sup>
- Maintains healthy bones and aids healthy bone development<sup>4</sup>
- Relieves anxiety<sup>5</sup>
- Manages blood sugar in people with diabetes and may lower the risk of developing type 2 diabetes<sup>6</sup>
- Maintains regular heart rhythms<sup>7</sup>
- Reduces symptoms of premenstrual syndrome (PMS)<sup>8</sup>
- Amplifies exercise performance<sup>9</sup>
- Reduces pain<sup>10</sup>
- Is a bioavailable, high-strength and an excipient-free formula which is gentle on the stomach

# References

1. Magnesium - Fact sheet for Healthcare Professionals - NIH  
<https://ods.od.nih.gov/factsheets/Magnesium-HealthProfessional/>
2. J Res Med Sci. 2012 Dec;17(12):1161–1169
3. Front. Endocrinol. 15:1406455
4. Front. Endocrinol. 15:1406248
5. Nutrients. 2017 Apr 26;9(5):429
6. Diabetes Care. 2011 Aug 19;34(9):2116–2122
7. J Atr Fibrillation. 2020 Dec 31;13(4):2389
8. Magnes Res. 2017 Feb 1;30(1):1-7
9. Nutrients. 2017 Aug 28;9(9):946
10. The role of magnesium in pain. Hyo-Seok Na, Jung-Hee Ryu, and Sang-Hwan Do  
<https://www.ncbi.nlm.nih.gov/books/NBK507245/#:~:text=Numerous%20clinical%20studies%20have%20found,sensitization%2C%20and%20muscle%20relaxing%20effects.>

# Nervina SR (Magnesium Glycinate 250mg Sustained Release)

- Specially formulated Sustained-release tablets provides the following benefits:
  1. Releases more slowly into the bloodstream
  2. Provides the ability to maintain a constant level of medication within the body
  3. Eliminates the likelihood of burst drug release
  4. Reduces the number of doses which lowers expenses and improves patient compliance, especially for chronic diseases
  5. Decreases side effects
  6. Improves the location of the release of the drug within the body, for example, in the small intestines instead of the stomach
  7. Reduces sleep disruption due to breakthrough pain
  8. Improves patient experience because pills do not have to be administered every 4-6 hours
  9. Improves consistency of plasma levels to help obtain therapeutic efficacy and decrease potential toxicity

# Nervina SR (Magnesium Glycinate 250mg Sustained Release)

- Supports energy levels<sup>1</sup>
- Maintains muscle health and relaxation<sup>1</sup>
- Supports healthy sleep patterns<sup>2</sup>, nervous system health and function<sup>3</sup>
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<https://ods.od.nih.gov/factsheets/Magnesium-HealthProfessional/>
2. J Res Med Sci. 2012 Dec;17(12):1161–1169
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9. Nutrients. 2017 Aug 28;9(9):946
10. The role of magnesium in pain. Hyo-Seok Na, Jung-Hee Ryu, and Sang-Hwan Do  
<https://www.ncbi.nlm.nih.gov/books/NBK507245/#:~:text=Numerous%20clinical%20studies%20have%20found,sensitization%2C%20and%20muscle%20relaxing%20effects.>



# Rejuvit (High Potency Multivitamin)

- Energy levels: B vitamins help metabolize food into energy<sup>1</sup>
- Immune system: Vitamins C, D, and zinc help the body fight infections<sup>2</sup>
- Heart health: Vitamins B1, B2, B6, and magnesium help keep the heart healthy<sup>3,4</sup>
- Brain health: B vitamins, especially B6, B12, and folic acid, help regulate mood and relieve stress<sup>5,6</sup>
- Bone health: Calcium and vitamin D help maintain strong bones<sup>7</sup>
- Skin, hair, and nails: Vitamins A, C, E, and B, as well as zinc and antioxidants, help keep skin, hair, and nails healthy<sup>8</sup>
- Eye health: Multivitamins can help maintain eye health<sup>9</sup>
- Muscle strength: Multivitamins can help maintain muscle strength and function<sup>10</sup>
- Cancer risk: Multivitamins may lower the risk of certain cancers<sup>11</sup>

# References

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# RestoreX

(Organic Magnesium Citrate for Stress Relief and More)

- Cardiovascular Health: Magnesium helps maintain normal blood pressure levels<sup>1</sup>
- Metabolic Health: Magnesium plays a role in glucose metabolism. Magnesium supplementation may improve blood sugar control and insulin sensitivity in individuals with diabetes or prediabetes<sup>2</sup>
- Neurological Health: May help prevent and treat Migraine and tension type Headaches<sup>3,4,5</sup>
- Bone Health: Magnesium is crucial for normal bone structure and may contribute to bone health<sup>6</sup>

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