



**R = Immune Regulation/Neuro**

**CURCUMIN™**  
Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

**NEROBOOST™**  
Specialized formula to promote restorative sleep, soothing and calming enhancing overall well-being

**NEROMELT™**  
Advanced sublingual formula of Vitamin B12 scientifically developed to support optimum brain and body health

**NERVINA™**  
Magnesium useful for Brain activity, Anxiety, Depression, Sleep quality, Migraine prevention and Heart Health

**RestoreX™**  
100% organic magnesium citrate useful for Heart health, Brain activity, Anxiety, Depression, Sleep quality and Migraine prevention. Relieves Constipation

**REJUVIT™**  
Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

**E = Endocrine/Exocrine gland**

**CURCUMIN™**  
Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

**ESTROBALANCE™**  
Menopause supplement for herbal hormone balance with targeted whole herbs

**REJUVIT™**  
Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

**S = Soft tissue/Skeletal system Pain Management**

**CURCUMIN™**  
Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

**DOLOMAX™**  
Effective in management of arthritis pain, rheumatic pain, lumbago and pain in tendons and ligaments

**RestoreX™**  
100% organic magnesium citrate useful for Heart health, Brain activity, Anxiety, Depression, Sleep quality and Migraine prevention. Relieves Constipation

**REJUVIT™**  
Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

**T = Transformation/Anti-Aging/Rejuvenation**

**CURCUMIN™**  
Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

**NEROBOOST™**  
Specialized formula to promote restorative sleep, soothing and calming enhancing overall well-being

**NEROMELT™**  
Advanced sublingual formula of Vitamin B12 scientifically developed to support optimum brain and body health

**RESTOVA™**  
Specialized formula to promote restorative sleep, soothing and calming enhancing overall well-being.

**REJUVIT™**  
Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

**O = Optimal Glucose Control**

**CURCUMIN™**  
Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

**DIABALANCE™**  
Organic Herbal mixture to help regulate blood glucose levels and maintain energy levels throughout the day

**REJUVIT™**  
Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

**R = Regulation of Cardiovascular System**

**CURCUMIN™**  
Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

**NERVINA™**  
Magnesium useful for Brain activity, anxiety, depression, sleep quality, migraine prevention and Heart Health

**REJUVIT™**  
Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

**RestoreX™**  
100% organic magnesium citrate useful for Heart health, Brain activity, Anxiety, Depression, Sleep quality and Migraine prevention. Relieves constipation

**E = Excretory system/Digestive Health**

**CURCUMIN™**  
Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

**STOOLEASE™**  
Powerful blend of 9 Ayurvedic herbs for Bowel cleansing

**RestoreX™**  
100% organic magnesium citrate useful for Heart health, Brain activity, Anxiety, Depression, sleep Quality and Migraine prevention. Relieves Constipation

**REJUVIT™**  
Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

# Curcumin (Total Turmeric Therapy)

- Curcumin helps in:
  - Prevention and treatment of chronic diseases<sup>1,2</sup>
  - Anti Aging (*due to anti oxidative and anti-inflammatory properties*)<sup>3</sup>
  - Improves memory and attention<sup>4</sup>
  - Possesses neuroprotective and cognitive-enhancing properties that may help delay or prevent neurodegenerative diseases, including Alzheimer's disease<sup>5</sup>
  - Lowers the risk of Heart Disease<sup>6,7</sup>
  - May help prevent Cancer<sup>8</sup>
  - Treatment of Arthritis<sup>9</sup>
  - As effective as an antidepressant<sup>10</sup>
- Black seed Oil helps in:
  - Diabetes Management<sup>11</sup>
  - Lipid Profile Improvement<sup>12</sup>
- Ginger Extract helps in:
  - Nausea and Vomiting<sup>13</sup>
  - Pain Management<sup>14</sup>
  - Migraine Relief<sup>15</sup>
- Astragalus helps in immune system modulation<sup>16</sup>

# References

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# StoolEase (Natural Digestive Support)

- Senna extract is commonly used to alleviate occasional constipation by enhancing intestinal motility<sup>1</sup>
- Turpath root extracts possess antidiarrheal, antispasmodic, and bronchodilator activities<sup>2</sup>
- Ajwain extracts have been traditionally used to alleviate digestive issues. Studies indicate that its active compounds may enhance digestive enzyme activity, providing relief from indigestion and related symptom<sup>3</sup>
- Glycyrrhiza Glabra extract may help relieve symptoms of gastroesophageal reflux disease (GERD), such as acid reflux and heartburn. A 2017 study found that daily intake of licorice root was more effective at reducing GERD symptoms over a 2-year period than commonly used antacids<sup>4</sup>
- Asafoetida extract has been found to enhance the activity of digestive enzymes, thereby improving digestion and reducing symptoms like bloating and flatulence<sup>5</sup>
- Zingiber Officinale can help reduce symptoms like bloating and indigestion by enhancing digestive enzyme activity<sup>6</sup>
- Magnesium sulphate acts as an osmotic laxative, drawing water into the intestines to relieve occasional constipation. This facilitates bowel movements and is commonly used for short-term relief of constipation<sup>7</sup>
- Prune extract improved stool consistency and reduced subjective complaints of constipation symptoms in individuals with chronic constipation<sup>8</sup>
- Zinc and zinc homeostasis strongly contribute to the maintenance of the intestinal mucosal barrier structure and function<sup>9</sup>

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# RestoreX (Organic Magnesium Citrate for Stress Relief and More)

- Cardiovascular Health: Magnesium helps maintain normal blood pressure levels<sup>1</sup>
- Metabolic Health: Magnesium plays a role in glucose metabolism. Magnesium supplementation may improve blood sugar control and insulin sensitivity in individuals with diabetes or prediabetes<sup>2</sup>
- Neurological Health: May help prevent and treat Migraine and tension type Headaches<sup>3,4,5</sup>
- Bone Health: Magnesium is crucial for normal bone structure and may contribute to bone health<sup>6</sup>

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# Rejuvit (High Potency Multivitamin)

- Energy levels: B vitamins help metabolize food into energy<sup>1</sup>
- Immune system: Vitamins C, D, and zinc help the body fight infections<sup>2</sup>
- Heart health: Vitamins B1, B2, B6, and magnesium help keep the heart healthy<sup>3,4</sup>
- Brain health: B vitamins, especially B6, B12, and folic acid, help regulate mood and relieve stress<sup>5,6</sup>
- Bone health: Calcium and vitamin D help maintain strong bones<sup>7</sup>
- Skin, hair, and nails: Vitamins A, C, E, and B, as well as zinc and antioxidants, help keep skin, hair, and nails healthy<sup>8</sup>
- Eye health: Multivitamins can help maintain eye health<sup>9</sup>
- Muscle strength: Multivitamins can help maintain muscle strength and function<sup>10</sup>
- Cancer risk: Multivitamins may lower the risk of certain cancers<sup>11</sup>



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