R = Immune Regulation/Neuro

CURCUMIN™

Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

NEROBOOST™

Specialized formula to promote restorative sleep, soothing and calming enhancing overall well-being

NEROMELT™

Advanced sublingual formula of Vitamin B12 scientifically developed to support optimum brain and body health

NERVINA™

Magnesium useful for Brain activity, Anxiety, Depression, Sleep quality, Migraine prevention and Heart Health

RestoreX™

100% organic magnesium citrate useful for Heart health, Brain activity, Anxiety, Depression, Sleep quality and Migraine prevention. Relieves Constipation

REJUVIT™

RESTORE

Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

E = **E**ndocrine/Exocrine gland

CURCUMIN™

Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

ESTROBALANCE™

Menopause supplement for herbal hormone balance with targeted whole herbs

REJUVIT™

Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

S = <u>S</u>oft tissue/<u>S</u>keletal system Pain Management

CURCUMIN™

Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

DOLOMAX™

Effective in management of arthritis pain, rheumatic pain, lumbago and pain in tendons and ligaments

RestoreX™

100% organic magnesium citrate useful for Heart health, Brain activity, Anxiety, Depression, Sleep quality and Migraine prevention. Relieves

REJUVIT™

Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

T = Transformation/Anti-Aging/Rejuvenation

CURCUMIN™

Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

NEROBOOST™

Specialized formula to promote restorative sleep, soothing and calming enhancing overall well-being

NEROMELT™

Advanced sublingual formula of Vitamin B12 scientifically developed to support optimum brain and body health

RESTOVA™

Specialized formula to promote restorative sleep, soothing and calming enhancing overall well-being.

REJUVIT™

Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

• = Optimal Glucose Control

CURCUMIN™

Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

DIABALANCE™

Organic Herbal mixture to help regulate blood glucose levels and maintain energy levels throughout the day

REJUVIT™

Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

R = **R**egulation of Cardiovascular System

E = **E**xcretory system/Digestive

Health

CURCUMIN™

Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

NERVINA™

Magnesium useful for Brain activity, anxiety, depression, sleep quality, migraine prevention and Heart Health

REJUVIT™

Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

RestoreX™

100% organic magnesium citrate useful for Heart health, Brain activity, Anxiety, Depression, Sleep quality and Migraine prevention. Relieves consTipation

CURCUMIN™

Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

STOOLEASE™

Powerful blend of 9 Ayurvedic herbs for Bowel cleansing

RestoreX™

100% organic magnesium citrate useful for Heart health, Brain activity, Anxiety, Depression, sleep Quality and Migraine prevention. Relieves Constipation

REJUVIT™

Unique blend of Ayurvedic ingredients to help balance and revitalize daily life



Curcumin (Total Turmeric Therapy)

- Curcumin helps in:
 - Prevention and treatment of chronic diseases^{1,2}
 - Anti Aging (due to anti oxidative and anti-inflammatory properties) ³
 - Improves memory and attention⁴
 - Possesses neuroprotective and cognitive-enhancing properties that may help delay or prevent neurodegenerative diseases, including Alzheimer's disease⁵
 - Lowers the risk of Heart Disease^{6,7}
 - May help prevent Cancer⁸
 - Treatment of Arthritis⁹
 - As effective as an antidepressant¹⁰
- Black seed Oil helps in:
 - Diabetes Management¹¹
 - Lipid Profile Improvement¹²
- Ginger Extract helps in:
 - Nausea and Vomiting¹³
 - Pain Management¹⁴
 - Migraine Relief¹⁵
- Astragalus helps in immune system modulation¹⁶

References

- 1. Molecules. 2015 May 20;20(5):9183-213. doi: 10.3390/molecules20059183.
- 2. Front Pharmacol. 2020 Sep 15;11:01021. doi: 10.3389/fphar.2020.01021. eCollection 2020.
- 3. Immun Ageing. 2010 Jan 17;7(1):1. doi: 10.1186/1742-4933-7-1.
- 4. Am J Geriatr Psychiatry 26:3, March 2018 277
- 5. British Journal of Nutrition, Volume 115, Issue 3, 14 February 2016, pp. 449 465DOI: https://doi.org/10.1017/S0007114515004687
- 6. Pharmacol Res. 2017 May;119:373-383. doi: 10.1016/j.phrs.2017.03.001. Epub 2017 Mar 6.
- 7. Biotechnology Advances Volume 38, January February 2020, 107343
- 8. Nutrients. 2019 Oct; 11(10): 2376.Published online 2019 Oct 5. doi: 10.3390/nu11102376
- 9. Phytother Res. 2012 Nov;26(11):1719-25. doi: 10.1002/ptr.4639. Epub 2012 Mar 9.
- 10. Phytother Res. 2014 Apr;28(4):579-85. doi: 10.1002/ptr.5025. Epub 2013 Jul 6.
- 11. https://doi.org/10.1155/2019/1528635
- 12. J Pharmacopuncture. 2017 Sep 30;20(3):179–193. doi: 10.3831/KPI.2017.20.021
- 13. https://www.ncbi.nlm.nih.gov/books/NBK92775/
- 14. Pain Medicine, Volume 12, Issue 12, December 2011, Pages 1808–1818, https://doi.org/10.1111/j.1526-4637.2011.01261.x
- 15. https://doi.org/10.1177/03331024187760
- 16. Front Pharmacol. 2020 Mar 24;11:349. doi: 10.3389/fphar.2020.00349



Estrobalance (Menopause Support & Hormonal Balance)

- Black cohosh is useful for:
 - Hot Flashes and Night Sweats: effective in reducing the severity of hot flashes and improving quality of life¹
 - Mood and Psychological Symptoms: Improved physical and psychological menopausal symptoms, including anxiety, hot flashes, night sweats, and vaginal dryness²
- Evening primrose oil (EPO) was found to be effective for:
 - Cyclical Mastalgia (Breast Pain): EPO may help alleviate cyclical breast pain associated with the menstrual cycle³
 - Premenstrual Syndrome (PMS): EPO has been investigated for its potential to reduce PMS symptoms⁴
- Schisandra effectively alleviated Menopausal symptoms such as hot flashes, sweating, and heart palpitations⁵
- Ginger extract significantly reduced the intensity of menopausal symptoms and increased serum estrogen levels. Additionally, a significant reduction in serum follicle-stimulating hormone (FSH) levels was observed⁶
- Ashwagandha supplementation significantly reduced menopausal symptoms, including hot flashes and mood fluctuations. Additionally, there was a notable increase in serum estradiol levels and a decrease in follicle-stimulating hormone (FSH) and luteinizing hormone (LH) levels⁷

References

- 1. J Educ Health Promot. 2018 Mar 1;7:36. doi: 10.4103/jehp.jehp_81_17
- 2. https://www.mountsinai.org/health-library/herb/black-cohosh
- 3. J Menopausal Med. 2019 Aug 5;25(2):74–82. doi: 10.6118/jmm.18190
- 4. https://www.nccih.nih.gov/health/evening-primrose-oil
- 5. https://www.healthline.com/health/schisandra
- 6. Taha N H., Dizaye K F. Impact of Zingiber. J Nat Sc Biol Med 2022;13:133-141Nutrients. 2020 Jul 10;12(7):2052. doi: 10.3390/nu12072052
- 7. J Obstet Gynaecol Res. 2021 Dec;47(12):4414-4425



Rejuvit (High Potency Multivitamin)

- Energy levels: B vitamins help metabolize food into energy¹
- Immune system: Vitamins C, D, and zinc help the body fight infections²
- Heart health: Vitamins B1, B2, B6, and magnesium help keep the heart healthy^{3,4}
- Brain health: B vitamins, especially B6, B12, and folic acid, help regulate mood and relieve stress^{5,6}
- Bone health: Calcium and vitamin D help maintain strong bones⁷
- Skin, hair, and nails: Vitamins A, C, E, and B, as well as zinc and antioxidants, help keep skin, hair, and nails healthy⁸
- Eye health: Multivitamins can help maintain eye health⁹
- Muscle strength: Multivitamins can help maintain muscle strength and function¹⁰
- Cancer risk: Multivitamins may lower the risk of certain cancers¹¹

References

- 1. Perm J. 2022 Jun 17;26(2):89–97. doi: 10.7812/TPP/21.204J Res Med Sci. 2012 Dec;17(12):1161–1169
- 2. Nawaiseh, H.K., Abdelrahim, D.N., Al-Domi, H. et al. The impact of vitamin D, vitamin C, and zinc supplements on immune status among Jordanian adults during COVID-19: cross-sectional study findings. BMC Public Health 23, 2251 (2023) Front. Endocrinol. 15:1406248
- 3. Front Physiol. 2021 Oct 8;12:729255. doi: 10.3389/fphys.2021.729255
- 4. https://doi.org/10.1053/j.ackd.2018.02.010
- 5. Nurs Open. 2022 Apr 17;9(4):2037–2043. doi: 10.1002/nop2.1213
- 6. https://doi.org/10.1016/j.ctcp.2010.01.003
- 7. Curr Rheumatol Rep. 2008 Apr;10(2):110–117. doi: 10.1007/s11926-008-0020-y
- 8. Nutrients. 2021 Jan 12;13(1):203. doi: 10.3390/nu13010203
- 9. https://doi.org/10.1093/ajcn/85.1.3045
- 10. Int J Environ Res Public Health. 2022 Jan 23;19(3):1249. doi: 10.3390/ijerph19031249
- 11. JAMA. 2012 Nov 14;308(18):1871–1880. doi: 10.1001/jama.2012.14641