R = Immune Regulation/Neuro

CURCUMIN™

Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

NEROBOOST™

Specialized formula to promote restorative sleep, soothing and calming enhancing overall well-being

NEROMELT™

Advanced sublingual formula of Vitamin B12 scientifically developed to support optimum brain and body health

NERVINA™

Magnesium useful for Brain activity, Anxiety, Depression, Sleep quality, Migraine prevention and Heart Health

RestoreX™

100% organic magnesium citrate useful for Heart health, Brain activity, Anxiety, Depression, Sleep quality and Migraine prevention. Relieves Constipation

REJUVIT™

RESTORE

Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

E = **E**ndocrine/Exocrine gland

CURCUMIN™

Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

ESTROBALANCE™

Menopause supplement for herbal hormone balance with targeted whole herbs

REJUVIT™

Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

S = <u>S</u>oft tissue/<u>S</u>keletal system Pain Management

CURCUMIN™

Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

DOLOMAX™

Effective in management of arthritis pain, rheumatic pain, lumbago and pain in tendons and ligaments

RestoreX™

100% organic magnesium citrate useful for Heart health, Brain activity, Anxiety, Depression, Sleep quality and Migraine prevention. Relieves

REJUVIT™

Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

T = Transformation/Anti-Aging/Rejuvenation

CURCUMIN™

Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

NEROBOOST™

Specialized formula to promote restorative sleep, soothing and calming enhancing overall well-being

NEROMELT™

Advanced sublingual formula of Vitamin B12 scientifically developed to support optimum brain and body health

RESTOVA™

Specialized formula to promote restorative sleep, soothing and calming enhancing overall well-being.

REJUVIT™

Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

• = Optimal Glucose Control

CURCUMIN™

Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

DIABALANCE™

Organic Herbal mixture to help regulate blood glucose levels and maintain energy levels throughout the day

REJUVIT™

Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

R = **R**egulation of Cardiovascular System

CURCUMIN™

Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

NERVINA™

Magnesium useful for Brain activity, anxiety, depression, sleep quality, migraine prevention and Heart Health

REJUVIT™

Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

RestoreX™

100% organic magnesium citrate useful for Heart health, Brain activity, Anxiety, Depression, Sleep quality and Migraine prevention. Relieves consTipation

CURCUMIN™

Specially formulated 100% organic Turmeric powder helps reduce Inflammation and boosts Immunity

STOOLEASE™

Powerful blend of 9 Ayurvedic herbs for Bowel cleansing

RestoreX™

100% organic magnesium citrate useful for Heart health, Brain activity, Anxiety, Depression, sleep Quality and Migraine prevention. Relieves Constipation

REJUVIT™

Unique blend of Ayurvedic ingredients to help balance and revitalize daily life

E = Excretory system/Digestive

Health



Curcumin (Total Turmeric Therapy)

- Curcumin helps in:
 - Prevention and treatment of chronic diseases^{1,2}
 - Anti Aging (due to anti oxidative and anti-inflammatory properties) ³
 - Improves memory and attention⁴
 - Possesses neuroprotective and cognitive-enhancing properties that may help delay or prevent neurodegenerative diseases, including Alzheimer's disease⁵
 - Lowers the risk of Heart Disease^{6,7}
 - May help prevent Cancer⁸
 - Treatment of Arthritis⁹
 - As effective as an antidepressant¹⁰
- Black seed Oil helps in:
 - Diabetes Management¹¹
 - Lipid Profile Improvement¹²
- Ginger Extract helps in:
 - Nausea and Vomiting¹³
 - Pain Management¹⁴
 - Migraine Relief¹⁵
- Astragalus helps in immune system modulation¹⁶

- 1. Molecules. 2015 May 20;20(5):9183-213. doi: 10.3390/molecules20059183.
- 2. Front Pharmacol. 2020 Sep 15;11:01021. doi: 10.3389/fphar.2020.01021. eCollection 2020.
- 3. Immun Ageing. 2010 Jan 17;7(1):1. doi: 10.1186/1742-4933-7-1.
- 4. Am J Geriatr Psychiatry 26:3, March 2018 277
- 5. British Journal of Nutrition, Volume 115, Issue 3, 14 February 2016, pp. 449 465DOI: https://doi.org/10.1017/S0007114515004687
- 6. Pharmacol Res. 2017 May;119:373-383. doi: 10.1016/j.phrs.2017.03.001. Epub 2017 Mar 6.
- 7. Biotechnology AdvancesVolume 38, January–February 2020, 107343
- 8. Nutrients. 2019 Oct; 11(10): 2376. Published online 2019 Oct 5. doi: 10.3390/nu11102376
- 9. Phytother Res. 2012 Nov;26(11):1719-25. doi: 10.1002/ptr.4639. Epub 2012 Mar 9.
- 10. Phytother Res. 2014 Apr;28(4):579-85. doi: 10.1002/ptr.5025. Epub 2013 Jul 6.
- 11. https://doi.org/10.1155/2019/1528635
- 12. J Pharmacopuncture. 2017 Sep 30;20(3):179–193. doi: 10.3831/KPI.2017.20.021
- 13. https://www.ncbi.nlm.nih.gov/books/NBK92775/
- 14. Pain Medicine, Volume 12, Issue 12, December 2011, Pages 1808–1818, https://doi.org/10.1111/j.1526-4637.2011.01261.x
- 15. https://doi.org/10.1177/03331024187760
- 16. Front Pharmacol. 2020 Mar 24;11:349. doi: 10.3389/fphar.2020.00349



Neroboost (Advanced Formula for Brain Health and Focus)

- Improve Focus & Concentration¹
- Supports Memory & Recall²
- Boosts Energy^{3,4,5}
- Promotes Blood Flow⁶

- 1. Am J Geriatr Psychiatry 26:3, March 2018 277
- 2. GeroScience. 2018 Apr; 40(2): 73–95. Published online 2018 Apr 21. doi: 10.1007/s11357-018-0017-z
- 3. Clinics (Sao Paulo). 2012;67(6):615-22. doi: 10.6061/clinics/2012(06)12.
- 4. Br J Sports Med. 2006 Sep;40(9):773-8. doi: 10.1136/bjsm.2006.027250. Epub 2006 Jul 6.
- 5. Am J Clin Nutr. 2014 Sep;100(3):974-81. doi: 10.3945/ajcn.113.080168. Epub 2014 Jul 9.
- 6. J Nutr Health Aging. 2012;16(6):569-73. doi: 10.1007/s12603-012-0036-x.



Neromelt (High Potency 3000mcg B12 oral melt)

Neromelt is a special sublingual formula with a unique cherry flavor that melts smoothly in the mouth, developed for better absorption in the body.

- Vitamin B12 is recommended for:
 - Essential for DNA synthesis and for cellular energy production, helping you feel more energized throughout the day¹

 - Treatment of Diabetic Neuropathy²
 Helps In Red Blood Cell Formation and Prevention of Anemia³
 - Prevents major birth defects during Pregnancy^{4,5}
 - Prevents Osteoporosis⁶
 - Reduces the risk of Age Related Macular Degeneration⁷
 - Improves Mood and Symptoms of Depression⁸
 - Improves Memory⁹
 - Reduces risk of Cardiac disease by decreasing homocysteine levels¹⁰
 Maintaining good health of Hair, Skin and Nails¹¹
- Vitamin K is essential for blood clotting and bone health. It activates proteins that help in coagulation and bone mineralization¹²

- 1. Nutrients. 2010 Mar 5;2(3):299–316. doi: 10.3390/nu2030299
- 2. Acta Neurol Taiwan. 2005 Jun;14(2):48-54.
- 3. Public Health Nutr. 2000 Jun;3(2):125-50. doi: 10.1017/s1368980000000173.Food Nutr Bull. 2008 Jun;29(2 Suppl):S101-11; discussion S112-5. doi: 10.1177/15648265080292S114.
- 4. Pediatrics. 2009 Mar; 123(3): 917–923.doi: 10.1542/peds.2008-1173
- 5. Arch Gynecol Obstet. 2009 Sep;280(3):381-7. doi: 10.1007/s00404-009-0936-0. Epub 2009 Jan 17.
- 6. Arch Intern Med. 2009 Feb 23; 169(4): 335–341.doi: 10.1001/archinternmed.2008.574
- 7. Open Neurol J. 2013; 7: 44–48. Published online 2013 Nov 15. doi: 10.2174/1874205X01307010044
- 8. Am J Clin Nutr. 2016 Apr;103(4):1045-54. doi: 10.3945/ajcn.115.116970. Epub 2016 Feb 24.
- 9. Biomed Res Int. 2017; 2017: 5489057. Published online 2017 Mar 23. doi: 10.1155/2017/5489057
- 10. Can Fam Physician. 2008 Apr; 54(4): 529–532.
- 11. https://pubmed.ncbi.nlm.nih.gov/25559140/
- 12. https://nutritionsource.hsph.harvard.edu/vitamin-k/



NervinaTM (Magnesium Glycinate 750mg)

- Supports energy levels¹
- Maintains muscle health and relaxation¹
- Supports healthy sleep patterns², nervous system health and function³
- Maintains healthy bones and aids healthy bone development⁴
- Relieves anxiety⁵
- Manages blood sugar in people with diabetes and may lower the risk of developing type 2 diabetes⁶
- Maintains regular heart rhythms⁷
- Reduces symptoms of premenstrual syndrome (PMS)⁸
- Amplifies exercise performance⁹
- Reduces pain¹⁰
- Is a bioavailable, high-strength and an excipient-free formula which is gentle on the stomach

- 1. Magnesium Fact sheet for Healthcare Professionals NIH https://ods.od.nih.gov/factsheets/Magnesium-HealthProfessional/
- 2. J Res Med Sci. 2012 Dec;17(12):1161–1169
- 3. Front. Endocrinol. 15:1406455
- 4. Front. Endocrinol. 15:1406248
- 5. Nutrients. 2017 Apr 26;9(5):429
- 6. Diabetes Care. 2011 Aug 19;34(9):2116–2122
- 7. J Atr Fibrillation. 2020 Dec 31;13(4):2389
- 8. Magnes Res. 2017 Feb 1;30(1):1-7
- 9. Nutrients. 2017 Aug 28;9(9):946
- 10. The role of magnesium in pain. Hyo-Seok Na, Jung-Hee Ryu, and Sang-Hwan Do https://www.ncbi.nlm.nih.gov/books/NBK507245/#:~:text=Numerous%20clinical%20studies%20have%20found,sensitization%2C%20and%20muscle%20relaxing%20effects.



Nervina SR (Magnesium Glycinate 250mg Sustained Release)

- Specially formulated Sustained-release tablets provides the following benefits:
 - 1. Releases more slowly into the bloodstream
 - 2. Provides the ability to maintain a constant level of medication within the body
 - 3. Eliminates the likelihood of burst drug release
 - 4. Reduces the number of doses which lowers expenses and improves patient compliance, especially for chronic diseases
 - 5. Decreases side effects
 - 6. Improves the location of the release of the drug within the body, for example, in the small intestines instead of the stomach
 - 7. Reduces sleep disruption due to breakthrough pain
 - 8. Improves patient experience because pills do not have to be administered every 4-6 hours
 - 9. Improves consistency of plasma levels to help obtain therapeutic efficacy and decrease potential toxicity

Nervina SR (Magnesium Glycinate 250mg Sustained Release)

- Supports energy levels¹
- Maintains muscle health and relaxation¹
- Supports healthy sleep patterns², nervous system health and function³
- Maintains healthy bones and aids healthy bone development⁴
- Relieves anxiety⁵
- Manages blood sugar in people with diabetes and may lower the risk of developing type 2 diabetes⁶
- Maintains regular heart rhythms⁷
- Reduces symptoms of premenstrual syndrome (PMS)⁸
- Amplifies exercise performance⁹
- Reduces pain¹⁰

- 1. Magnesium Fact sheet for Healthcare Professionals NIH https://ods.od.nih.gov/factsheets/Magnesium-HealthProfessional/
- 2. J Res Med Sci. 2012 Dec;17(12):1161–1169
- 3. Front. Endocrinol. 15:1406455
- 4. Front. Endocrinol. 15:1406248
- 5. Nutrients. 2017 Apr 26;9(5):429
- 6. Diabetes Care. 2011 Aug 19;34(9):2116–2122
- 7. J Atr Fibrillation. 2020 Dec 31;13(4):2389
- 8. Magnes Res. 2017 Feb 1;30(1):1-7
- 9. Nutrients. 2017 Aug 28;9(9):946
- 10. The role of magnesium in pain. Hyo-Seok Na, Jung-Hee Ryu, and Sang-Hwan Do https://www.ncbi.nlm.nih.gov/books/NBK507245/#:~:text=Numerous%20clinical%20studies%20have%20found,sensitization%2C%20and%20muscle%20relaxing%20effects.



RestoreX (Organic Magnesium Citrate for Stress Relief and More)

- Cardiovascular Health: Magnesium helps maintain normal blood pressure levels¹
- Metabolic Health: Magnesium plays a role in glucose metabolism. Magnesium supplementation may improve blood sugar control and insulin sensitivity in individuals with diabetes or prediabetes²
- Neurological Health: May help prevent and treat Migraine and tension type Headaches^{3,4,5}
- Bone Health: Magnesium is crucial for normal bone structure and may contribute to bone health⁶

- 1. https://ods.od.nih.gov/factsheets/Magnesium-HealthProfessional/
- 2. https://www.mountsinai.org/health-library/supplement/magnesium
- 3. Headache. 2003 Jun;43(6):601-10. doi: 10.1046/j.1526-4610.2003.03102.x.
- 4. Magnes Res. 2008 Jun;21(2):101-8.
- 5. Sarchielli P., et al. Cephalalgia. 1992;12:21–27. doi: 10.1046/j.1468-2982.1992.1201021.x.
- 6. https://nutritionsource.hsph.harvard.edu/magnesium/



Rejuvit (High Potency Multivitamin)

- Energy levels: B vitamins help metabolize food into energy¹
- Immune system: Vitamins C, D, and zinc help the body fight infections²
- Heart health: Vitamins B1, B2, B6, and magnesium help keep the heart healthy^{3,4}
- Brain health: B vitamins, especially B6, B12, and folic acid, help regulate mood and relieve stress^{5,6}
- Bone health: Calcium and vitamin D help maintain strong bones⁷
- Skin, hair, and nails: Vitamins A, C, E, and B, as well as zinc and antioxidants, help keep skin, hair, and nails healthy⁸
- Eye health: Multivitamins can help maintain eye health⁹
- Muscle strength: Multivitamins can help maintain muscle strength and function¹⁰
- Cancer risk: Multivitamins may lower the risk of certain cancers¹¹

- 1. Perm J. 2022 Jun 17;26(2):89–97. doi: 10.7812/TPP/21.204J Res Med Sci. 2012 Dec;17(12):1161–1169
- 2. Nawaiseh, H.K., Abdelrahim, D.N., Al-Domi, H. et al. The impact of vitamin D, vitamin C, and zinc supplements on immune status among Jordanian adults during COVID-19: cross-sectional study findings. BMC Public Health 23, 2251 (2023) Front. Endocrinol. 15:1406248
- 3. Front Physiol. 2021 Oct 8;12:729255. doi: 10.3389/fphys.2021.729255
- 4. https://doi.org/10.1053/j.ackd.2018.02.010
- 5. Nurs Open. 2022 Apr 17;9(4):2037–2043. doi: 10.1002/nop2.1213
- 6. https://doi.org/10.1016/j.ctcp.2010.01.003
- 7. Curr Rheumatol Rep. 2008 Apr;10(2):110–117. doi: 10.1007/s11926-008-0020-y
- 8. Nutrients. 2021 Jan 12;13(1):203. doi: 10.3390/nu13010203
- 9. https://doi.org/10.1093/ajcn/85.1.3045
- 10. Int J Environ Res Public Health. 2022 Jan 23;19(3):1249. doi: 10.3390/ijerph19031249
- 11. JAMA. 2012 Nov 14;308(18):1871–1880. doi: 10.1001/jama.2012.14641